



सत्यमेव जयते

Government of Maharashtra

Sydenham College of Commerce and Economics, Mumbai

(A Constituent College of Dr Homi Bhabha State University)



Annual Gender Sensitization Action Plan 2021-2022



Gender Sensitisation: Time to Change the Mindset

Introduction:

Sydenham College is dedicated towards promoting gender equity, providing equal prospects to both men and women thus favoring gender equitable society. As an institution we always are proactive participant in bringing about social transformation by mitigating gender disparity. Every effort is taken to instill the values of impartiality, multifariousness and Inclusivity by developing an empathetic place for staff and student. College has various societies like NSS, Women Development Cell, Internal Complaint Cell, anti-ragging and Grievance Cell to foster dignified and obsequious conduct in the campus.

Following are some of the activities which has been planned:

Activity Planner 2021-2022

Sr. no	Subject	Target Audience	Action Plan (Program)
1	Gender Related Issues	Students	<ul style="list-style-type: none">• Work life balance• Patriarchal Society• Women Entrepreneurs
2	Health and Hygiene	Student and staff	<ul style="list-style-type: none">• Mental Wellness Program• Nutrition and Women• Yoga Workshop
3	Gender Sensitization	Students	<ul style="list-style-type: none">• Women Safety and Protection• Gender Equity Program• Self Defence Program• Celebration of International Women's Day
4.	Career Opportunities and Entrepreneurial development	Students	<ul style="list-style-type: none">• Placement• Leadership and entrepreneur program• Financial Literacy Program
5.	Women Safety and Security		<ul style="list-style-type: none">• CCTV Camera• 24/7 Security Guard• Sanitary Vending Machine• Girls Common Room

Activities Undertaken 2021-2022

Sr. No.	Name of the Activities	Date
1	Leadership in Corporate World	30/06/2021
2	Financial Literacy Program	12/06/2021
3	Online Session on “ Study Abroad”	15/07/2021
4	Online Talk on “ Lets Speak about Mental Wellness”	22/09/2021
5	“Career Acceleration Program”	07/10/2021
6	Talk show on “ Women in Film Industry”	30/10/2021
7	Lecture on Work Life balance among working women in Metro Cities	13/02/2022
8	International Women’s Day Celebration – Workshop on Laughter Therapy and Hasta Mudra	08/03/2022

Glimpses of Activities Undertaken

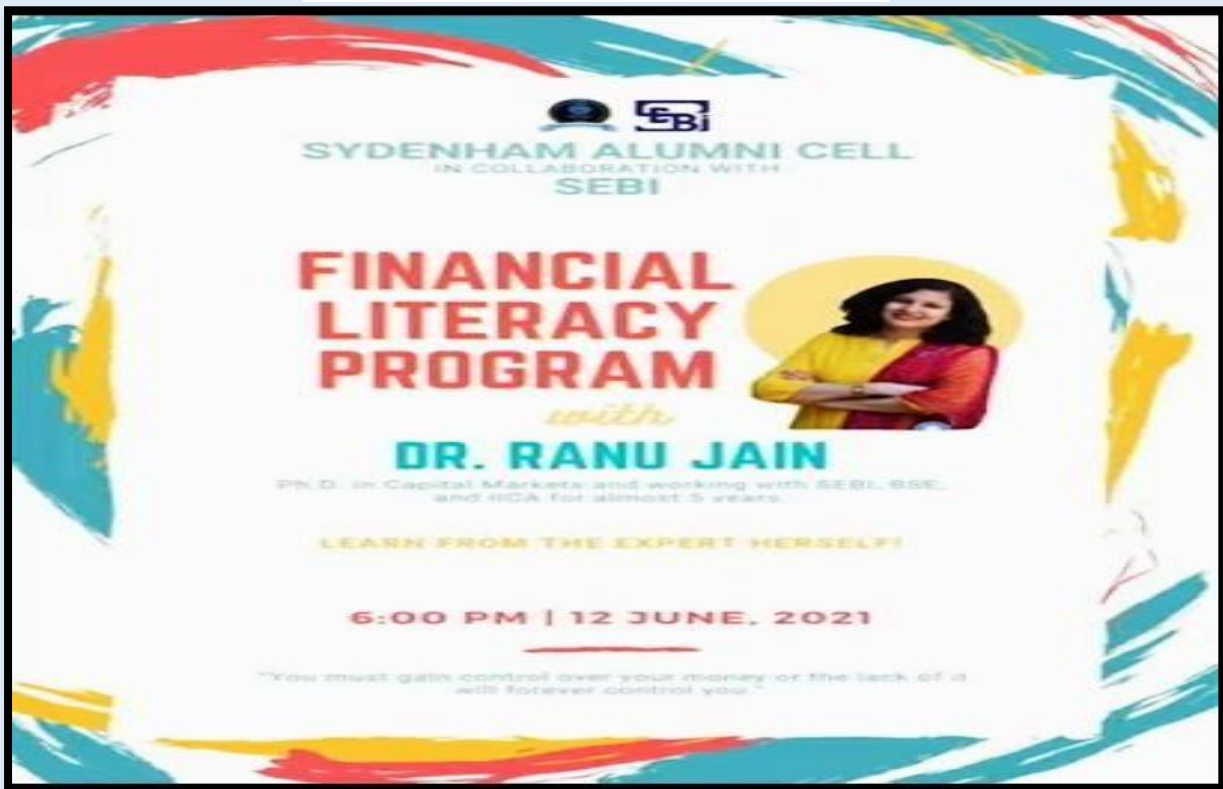
Leadership and Entrepreneurship in Corporate World



Online Seminar on Leadership & Entrepreneurship in corporate world by Ms Mansi Thakkar Leadership Trainer Director, Windplus Pvt Ltd. & Mr Sajan Shah Motivational Speaker – 30/06/2021.

More than 80 students participated in the session. Students were motivated to be a strong leader to sustain in the competitive world. The Session concluded with question answer session.

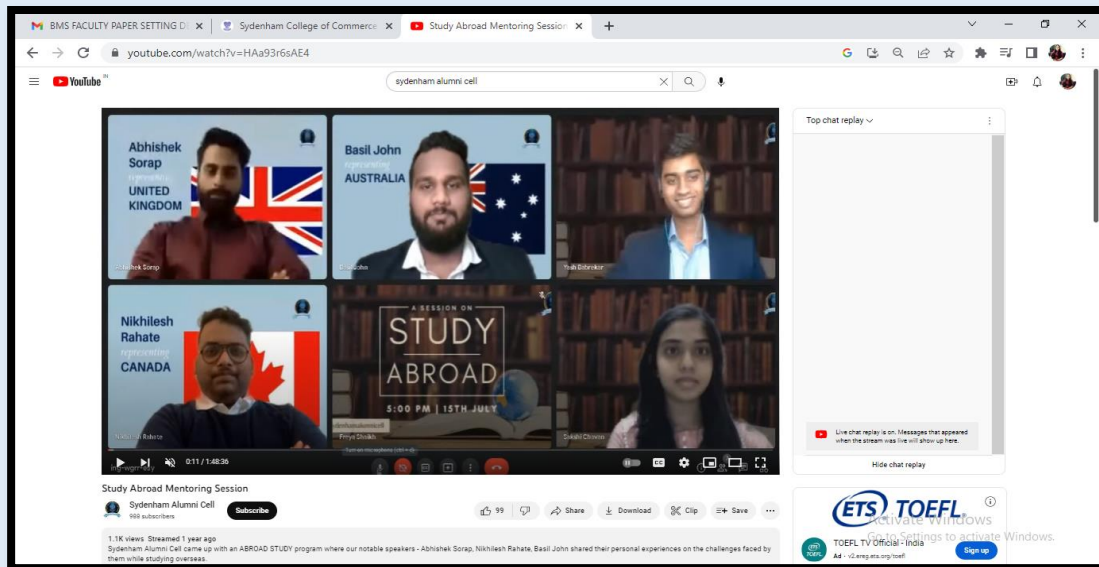
Financial Literacy Program



Financial Literacy programme by Dr. Ranu Jain live on Sydenham Alumni

YouTube Link: <https://www.youtube.com/watch?v=br569tXLx4Q&t=201s>

Session on Study Abroad – 15/07/2021



A session on Study Abroad with our alumni Mr. Abhishek Sorap (United Kingdom), Mr. Basil John (Australia) and Mr. Nikhilesh Rahate (Canada) – 15/07/2021
YouTube Link: <https://www.youtube.com/watch?v=HAa93r6sAE4>

Session on Mental Wellbeing – 22/09/2021

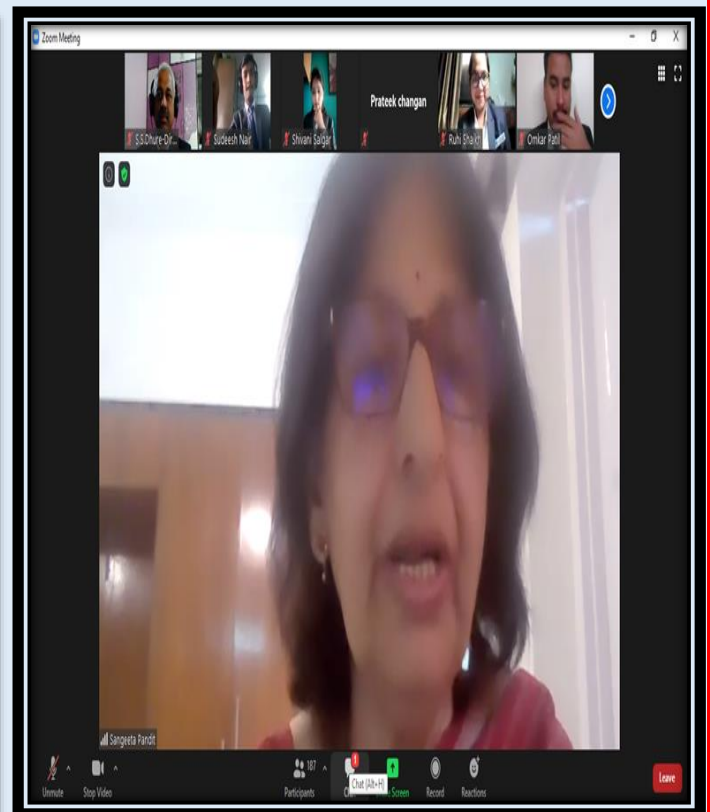
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IQAC & WDC
organizes

Online Session on
Let's Speak about Mental Wellness

Speaker:
CA Dr. Sangita Pandit
SIMSREE

Date: 22nd September, 2021 at 12.00 noon
Platform: ZOOM



Online Seminar on “*Lets Speak About Mental Wellness*” was organized by IQAC and Women Development Cell on 22nd September 2021. The Speaker for the session was CA Dr. Sangita Pandit, a well known Speaker, Academician. She enlightened the students on importance of mental health in one’s life. How positive mental being will contribute towards facing complex challenges with ease. More than 100 students participated in the session.

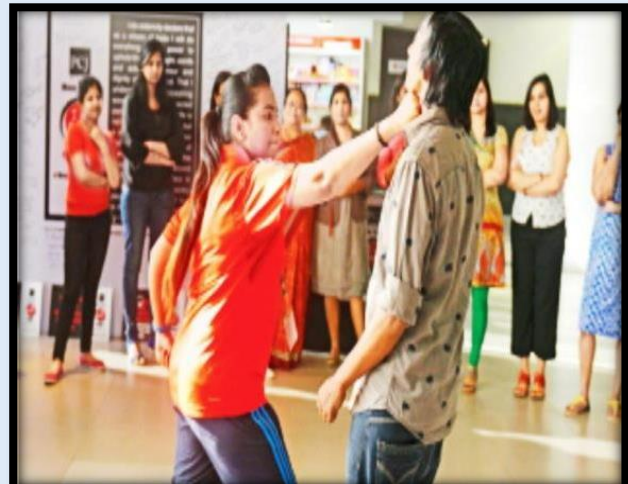
Self Defense Workshop – 05/10/2021

**SELF DEFENCE TRAINING WORKSHOP FOR WOMEN
NEED OF THE HOUR**

ON TUESDAY 5TH OCTOBER 2021

**VENUE: BABASAHEB AMBEDKAR AUDITORIUM,
SYDENHAM COLLEGE CHURCHGATE, MUMBAI**

AT 11 AM TO 1 PM



Career Acceleration Program – 07/10/2021

Expertrons in Collaboration with Alumni Cell Of Sydenham College

College Orientation

Dr Rohith Reddy
Head of The Training & Development, Expertrons

Doctorate in Organizational Leadership – Member of WHETC – IIBA Certified – PMI Certified – IRECI Certified – SHRM Certified – National Geography Certified Trainer

What topics shall we cover?

- Current Market situation
- Choose the right Career Path
- Future Scope of Jobs
- How Experts from Expertrons can help students?

Date: 7th October, 2021
Time: 05:30 to 07:00 PM

A Career Acceleration Program

Sydenham Alumni Cell
Expertrons

Be an Excel Pro
Ad · skillnation.in/exc... **Sign up**

Career Acceleration Programme with Dr. Rohith Reddy in collabor...

595 views 1y ago ...more

Sydenham Alumni... 988 **Subscribe**

Career Acceleration Programme with Dr. Rohith Reddy in collaboration with Expertrons on 07th October 2021

You Tube Link: <https://www.youtube.com/watch?v=kcTu0mvGQDw>

Talk show – Women in Film Industry – 30/10/2021

ALUMNI TALKS
with
VIDHI KASLIWAL

Founder and CEO of Landmarc Films,
Producer of Award Winning Documentary, 'Block by Block'
and Corporate Film 'Building For The Future'

JOIN US!!

30th October
6:00 pm
@sydenhamalumnicell

Alumni Talks with Ms. Vidhi Kasliwal "Making it to a renowned filmmaker."

Sydenham Alumni Cell
999 subscribers

1.3K views · Streamed 1 year ago
'Alumni Talks' is a platform where young Sydenhamites interact with the college Alumni and learn from their experiences and gain knowledge beyond textbooks.

Top chat replay

Live chat replay is on. Messages that appeared when the stream was live will show up here.

Hide chat replay

From Sydenham Alumni Cell · Recently up

JAYABHAYASHANTI
GUJARATI Ambe Maa NILAAY
Sardar Bhairav Ji Maharaj
1.7K views · 5 years ago

Talk Show on “Women in film industry” – Vidhi Kasliwal – founder and CEO of Landmarc films

You Tube Link: <https://www.youtube.com/watch?v=PhL3DdRy8vk>

International Women's Day Celebration – 08/03/2022



Seminar cum Workshop on Laughter Therapy & Hasta Mudra for Physical & Mental Health
By Mrs. Sarojini Kale
Women Development Cell – Celebration of International Women's Day – 08/03/2022

Rangoli Competition - Glimpses

